



# McFarland Unified School District HIGH SCHOOL NUTRITION BREAK MAY 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5/1 Breakfast Muffin, 100% Orange Juice	5/2 Cereal Bar, String Cheese, Fresh Fruit
5/5  Skillet Frittata W/Turkey Sausage, 100% Fruit Juice	5/6 Breakfast Muffin, Fresh Fruit	5/7 Breakfast Wrap w/Egg & Cheese, Fresh Fruit	5/8 Blueberry Yogurt Parfait W/Granola 100% Fruit Juice	5/9 PB & Jelly Graham 100% Fruit Juice
5/12 Whole Wheat Honey Bar, 100% Fruit Juice	5/13 Apple Jumble, String Cheese Fresh Fruit	5/14 El Paso Fold & Go 100% Fruit Juice	5/15 Apple Struddle, Fresh Fruit	5/16 Trix Cereal Bar, String Cheese Fresh Fruit
5/19 Yogurt, Graham Cracker, Fresh Fruit	5/20 Cherry Danish, 100% Fruit Juice	5/21 Pillsbury Mini Cinis, Fresh Fruit	5/22 Pop Tarts, Fresh Fruit	5/23 El Paso Fold & Go 100% Fruit Juice
5/26  Memorial Day	5/27 Peanut Butter & Jelly Graham, Fresh Fruit	5/28 Skillet Frittata W/Turkey Sausage, 100% Fruit Juice	5/29 Blueberry Yogurt Parfaits, W/Granola, 100% Fruit Juice	5/30 Whole Wheat Honey Breakfast Bar, Fresh Fruit
"This institution is an equal opportunity provider"	 <b>Enjoy A Great Breakfast to Jump Start your Day!</b> 			Choice of Milk Served Daily. "Menu is subject to change without notice"

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# McFarland Unified School District

## HIGH SCHOOL LUNCH MENU

### MAY 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5/1 Turkey Gravy Mashed Potatoes, Cucumber Coins, Wheat Roll, Fresh Oranges Vanilla Cracker	5/2 4X6 Cheese Pizza, Romaine & Spinach Salad w/Kidney Beans, Chilled Pineapple
			5/5  * Shredded Beef Tamale With Rice & Beans Chilled Mixed Fruit 	5/6 BBQ Beef Smokie Rib Patty Mashed Potatoes, Dinner Roll, Chilled Peaches
5/12 Chicken Nuggets, Seasoned Fries, Broccoli Cuts Bagged, Diced Carrots, Chilled Mixed Fruit	5/13 Chicken Fajitas W/Soft Flour Tortilla, Steamed Rice, Cucumber Coins, Fresh Banana	5/14 Grilled Cheese Sandwich, Baked Potato Wedges, Fresh Tomatoes & Cauliflower, Fresh Apple	5/15 Chef's Special Baked Beans, Broccoli, Fresh Orange	5/16 Pepperoni Pizza Pocket, Romaine & Spinach Salad, W/Black Beans & Corn, Chilled Applesauce
5/19 Hot Dogs on a Wheat Bun, Steamed Carrots, Diced Pears, Vanilla Graham	5/20 Salisbury Steak, Mashed Potatoes, Steamed Broccoli, Fresh Apple, Dinner Roll	5/21 Bean & Cheese Burrito, Mixed Vegetables, Diced Peaches	5/22 Chicken Tacos, Refried Beans, Cucumber Sticks, Fresh Oranges	5/23 PB & J Unscrustable, Baby Carrots, Fresh Banana
5/26  <b>Memorial Day</b>	5/27 Popcorn Chicken, Steamed Rice, Mixed Vegetables, Mandarin Oranges	5/28 Mini Corn Dogs, Potato Wedges, Fresh Apple	5/29 Mac & Cheese, Breaded Chicken Strips, Baked Beans, Chilled Apricots	5/30 BBQ Rib Patty on a Wheat Bun, Romaine & Spinach Salad W/Garbanzo Beans, Pineapple Tidbits
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