



## McFarland Unified School District

### Board of Trustees

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- S. Aaron Resendez – Superintendent

## McFarland Unified Quarantine Plan

McFarland Unified School District holds the highest regard for the health and wellbeing of our students, families and our staff. Therefore, McFarland Unified School District will follow the outlined COVID-19 Quarantine Plan for school reopening set forth by California Department of Public Health (CDPH) and Centers for Disease Control (CDC) and listed below.

- Case reporting, contact tracing and investigation
  - Per AB 86 (2021) and California Code Title 17, section 2500, schools are required to report COVID-19 cases to the local public health department.
  - Schools or LEAs should have a COVID-19 liaison to assist the local health department with contact tracing and investigation.
- Recommendations for staying home when sick and getting tested:
  - Follow the strategy for Staying Home when Sick and Getting Tested from the [CDC](#).
  - Getting tested for COVID-19 when symptoms are [consistent with COVID-19](#) will help with rapid contact tracing and prevent possible spread at schools.
  - Advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:
    - At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
    - Other symptoms have improved; and
    - They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
- Quarantine recommendations for vaccinated close contacts
  - For those who are vaccinated, follow the [CDPH Fully Vaccinated People Guidance](#) regarding quarantine.
  - Refrain from quarantine and testing following a known exposure if asymptomatic [\[2\]](#).
    - Following a known exposure at work, fully vaccinated workers do not need to quarantine if asymptomatic.



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- In the workplace, employers subject to the [Cal/OSHA COVID-19 Prevention Emergency Temporary Standards \(ETS\)](#) must ensure that employees are following the current ETS face covering and testing requirements.
- Quarantine recommendations for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings. These are adapted from the [CDC K-12 guidance](#) and [CDC definition of a close contact](#).
  - When both parties were wearing a mask in the indoor classroom setting, unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified 10-day quarantine as follows. They may continue to attend school for in-person instruction if they:
    - Are asymptomatic;
    - Continue to appropriately mask, as required;
    - Undergo at least twice weekly testing during the 10-day quarantine; and
    - Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.
  - Quarantine recommendations for: unvaccinated [close contacts](#) who were not wearing masks or for whom the infected individual was not wearing a mask during the indoor exposure; or unvaccinated students as described in #8 above.
    - For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:
      - Quarantine can end after Day 10 from the date of last exposure without testing;
      - OR
      - Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.
    - To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
      - Continue daily self-monitoring for symptoms through Day 14 from last known exposure;
      - AND
      - Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.



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- If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.
- Isolation recommendations
  - For both vaccinated and unvaccinated persons, follow the CDPH [Isolation Guidance](#) for those diagnosed with COVID-19.

McFarland Unified School District will continue to monitor all mandates from Federal, State, and local agencies and update plans as needed. Thank you in advance for your patience.

S. Aaron Resendez  
Superintendent